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CROSSWINDS

• CHRONICLE •

July • 2015

Issue 5 39th Year

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Crosswinds Mobile Home Park

Activities Directors for the 2014-2015 Season

| | | |
|---------------------|-----------------------------------|--------------|
| President..... | Patricia Brown, Lot 433..... | 289-1750 |
| 1st Vice Pres..... | Agi Wacker, Lot 721..... | 498-0432 |
| 2nd Vice Pres. | Louisa Rice, Lot 535..... | 827-7442 |
| Treasurer | Margaret McNaughton, Lot 301..... | 770-658-8606 |
| Secretary | Suzanne Roy, Lot 413..... | 289-4124 |
| Media Director..... | Suzanne Roy, Lot 413..... | 289-4124 |
| Volunteers | Jack Brown, Lot 433..... | 289-1750 |

Co-Op Board of Directors

| | | |
|----------------------|------------------------------|--------------|
| President..... | Theresa Charron, #544..... | 545-5086 |
| Vice President | Robert McNaughton, #301..... | 770-331-2577 |
| Treasurer | Glenys Forrester, #447..... | 727-541-6126 |
| Secretary | Susanne Roy, #413..... | 727-289-4124 |
| Direc. @ Large..... | Betty Eicher, #624..... | 513-574-1312 |

Bird Group's Chairperson November, 2015 to March, 2016

| Birdgroups | Chairperson | Month Assigned |
|-------------------|------------------------------------------|-----------------------|
| Sandpipers..... | Pamela Fairclough, #644, 727-8751..... | January, 2016 |
| Flamingos..... | Brenda Manfredi, #631, 727-914-4154..... | February, 2016 |
| Blue Jays..... | Nancy Hope, #303, 727-546-4746..... | March, 2016 |
| Cardinals | Heather Hachey, #525, 727- 826-0298..... | November, 2015 |
| Mockingbirds..... | Louisa Rice, #535, 727-827-7442..... | December, 2014 |

Crosswinds Homeowners Association Inc

| | | |
|------------------|-------------------------------|--------------|
| President | Jane McMillan Lot #1040..... | 727-289-1475 |
| Treasurer | Phillip DuBois. Lot #18..... | 727-417-8760 |
| Secretary | Rachel Brabant Lot #743 | 727-350-3970 |
| Member At Large. | Sandy Stanley Lot #27 | 727-471-9495 |
| Member At Large | Albert Yoder Lot #330 | 828-612-9572 |
| Member At Large | Mike McKay Lot #6 | 727-258-4512 |
| Member At Large | Herb Stanley Lot #27 | 727-471-9495 |
| Emeritus | Andy Richard Lot #608 | 727-954-5133 |

Emergency Numbers

| | |
|----------------------------|----------------|
| Maintenance Emergency..... | (727)-656-6507 |
| Fire Department | (727) 893-7694 |
| Emergency | 911 |

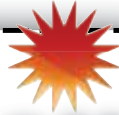


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Submitted by Pat Brown,

As I write this we are still waiting for summer. It is early June and although we have had some nice days, summer is not here yet. The last article I wrote was for the June Chronicle and I was still in Florida enjoying the last few days we would be there. Since these articles must be in by the 10th of the previous month we are always a month or so behind.

By this time Pauline will have had her 100th birthday celebration and our good wishes go out to her. It hasn't always been easy, but, she has persevered through all the difficult times and enjoyed all the good times. When I think of all the changes she must have seen in her lifetime it astonishes me. I was thrilled the day she came down the street on her bicycle after having been laid up so long following a broken hip and extended stay in the hospital. May we all have her drive to be well. We are proud and blessed to have her as a resident in our park. She is a great example for all of us.

We lost our dear friend at CMHP, John Tensen. He lost his battle with cancer in May. Our love goes out to Dietz and family. If you didn't know John, they had a 5th wheel on 1. I think they have been residents of CMHP for 12 or 13 years. Usually coming in Feb for the rest of the season. Jon liked to get in some ice fishing before he came to Florida. They came in November last year and went home early Dec to attend a family function, fully planning to return in Feb. He was diagnosed in December. We will miss his smiling face and good cheer.

We also send our deepest sympathies to James Mortelite, who is our resident general contractor. James' dad worked with him every day. His dad suffered a massive stroke and passed away in May. We will miss the sound of his diesel truck crawling through the park at nearly the same time every morning. He was a nice man and will be missed.

When we left Florida on May 5th the demolition had started on the Small Hall. The ceiling was down. I'm not sure what all will change in there, but, I know John McNaughton has it all in hand and it will be a good change, no matter what they do. I understand there is also some work to be done on the Laundry, but, not sure what. Our park looks so nice and is just getting better. Someone told me there are about 30 people on the list waiting for a rental for next year. That is how great our park is, people waiting to get in. The park is a great place to be and the word is out. We own several units now and we should encourage people to come and purchase one of the park owned units for a good price, fix it up and then they wouldn't have to be on a waiting list, they'd be in!

...continued on page 6



Jack has been back to the doctor and gotten a great report. The cancer is gone. Praise the Lord for good news.

I hope all of you are having a great Spring. It will soon be summer. The time does fly by. Enjoy the time with your families and friends. If you have some news you would like to share, just send an email to Suzanne. We like to know what is happening with everyone and in the summer season the Chronicle is the best way for us to keep in touch.

God Bless!
Pat
President of Activities Association

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Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

14,492 manufactured home residents have won over \$124,374 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at **Monthly Media • PO Box 1023 • Venice, FL 34284**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). This month's cash winners are:

| | |
|------------------------------------------------------------|--------------------------------------------------------------|
| Roy Martin.....\$100.00.....Perfect Repair & Construction | Eric Lynn.....\$5.00.....Knoblach Hearing Care |
| Mary Deperto.....\$10.00.....Community Roofing | Shirley Reish.....\$5.00.....Ron Wyngarden |
| Bill Janes.....\$10.00.....Jones & Sons Plumbing | Everett Wardell.....\$5.00.....Perfect Repair & Construction |
| Dale Anderson.....\$10.00.....Kathy's Cleaning | Louise Gross.....\$5.00.....Bob's Appliance |
| Janice Cook.....\$10.00.....Modern Pest Control | Gary Jira.....\$5.00.....Heller's Mobile Home Washing |
| Chris Campbell.....\$10.00.....Modern Air | Marilyn Shipley.....\$5.00.....Chambers Specialties |
| Angie Simon.....\$10.00.....Largo Automotive | Carole Silver.....\$5.00.....Battleline Termite |
| Peggy Gronek.....\$10.00.....Boss Electric | Gloria Dillie.....\$5.00.....Marti's Hair Salon |
| Linda Anacreonte.....\$10.00.....Ron Wyngarden | Doris Jager.....\$5.00.....Sunset Appliance Service |
| Patricia Osdras.....\$10.00.....Jean Satterfield | Linda Baker.....\$5.00.....Doll Brothers |
| James Patton.....\$10.00.....Mobile Home Depot | Sandy Anderson.....\$5.00.....Battleline Termite |
| Philip Scott.....\$10.00.....Knoblach Hearing Care | Darlene Coburn.....\$5.00.....Doll Brothers |
| Agnes Meyer.....\$10.00.....Largo Plumbing | James Erickson.....\$5.00.....Mitchell's Siding |
| Constance Rakoczy.....\$10.00.....Master Plumbers & Septic | Jacki & Roger Wilson.....\$5.00.....Royal Enterprise |
| Nancy Eickenberg.....\$5.00.....Bob's Mobile Home Washing | Donna Coffee.....\$5.00.....Boss Electric |
| Walter Laborn.....\$5.00.....Buggin Out | Jeannie Bovee.....\$5.00.....Debbie's Salon |
| Connie Beauer.....\$5.00.....Kathy's Cleaning | Peggi Dubendorfer.....\$5.00.....Bob's Mobile Home Washing |
| George Klett.....\$5.00.....Largo Plumbing | Shirley Wert.....\$5.00.....Dr. Peter Mason |
| Joe Jacobi.....\$5.00.....OE Wilson | Terrence King.....\$5.00.....sShonna Bender, LMT |
| Pat Rudness.....\$5.00.....Bill The Carpet Guy | Al & Donna Hartin.....\$5.00.....Dunedin Electric |
| John Lee.....\$5.00.....Air Masters | Mona Kovack.....\$5.00.....Air Masters |
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| Cheri Halm.....\$5.00.....Jones & Sons Plumbing | Thomas Cooke.....\$5.00.....Natures Resource Pest Control |
| Arthur & Jane Perley.....\$5.00.....Kathy's Cleaning | |

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

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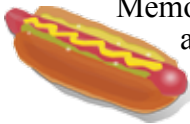
July Is...

Eye Injury Prevention Month. Eye injuries occur at a rate of more than 2,000 per day, with an estimated 1,000 eye injuries occurring in American workplaces alone. In addition to wearing proper safety eyewear, early detection and treatment of eye conditions and diseases are essential to maintaining good vision throughout your life.



Independent Retailer Month. Celebrate independent retailers across the country. Support and shop independent merchants all through the year, and use July as a time to unite for the independent retailers in local communities that help build our economy.

National Hot Dog Month. What better month to enjoy a delicious hot dog? The National Hot Dog and Sausage Council estimates that Americans eat over 7 billion hot dogs between Memorial Day and Labor Day, with 150 million consumed on the Fourth of July alone. Do your part.



Parks and Recreation Month. This year marks 30 years of Parks and Recreation Month, highlighting the enduring importance of parks and recreation for the world. From the start, parks were created to give us a place to appreciate nature, exercise, socialize, and have fun—a mission that lives on into the future.

July Daily News...



World UFO Day, July 2. Have you had a close encounter? Spread the word on this day that explores the unexplained.

Independence Day, July 4. The United States declared its independence from Great Britain on this day in 1776.

Global Forgiveness Day, July 7. “To forgive is to offer opportunity for a new beginning to the offender, and provides a process of healing for the victim.”

Shark Awareness Day, July 14. As much as we enjoy being frightened by this predator of the sea, remember that the shark has a key role to play in keeping marine ecosystems in balance.



World Ranger Day, July 31. Sponsored by the International Ranger Federation to commemorate rangers killed or injured in the line of duty and to celebrate the work rangers do to protect wildlife around the world.

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18 ★ 2

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- Evaluation of patient's needs, development of a treatment plan, navigation of care and referrals to resources
- Support for caregivers through education, navigation and support groups
- Resource library

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July Birthdays

0610 Hennessey, Donald 7-Jul
 1038 Bolduc, Lois 7-Jul
 0543 Veilleux, Gilberte 6-Jul
 0209 Hankel, Charles 9-Jul
 0306 Cordes, JoAnn 15-Jul
 0544 Charron, Theresa 15-Jul
 0629 Tout, James 17-Jul
 0621 Blais, Colette 19-Jul
 0928 Schultz, David 21-Jul
 0416 Mcleish, Helen 27-Jul
 0101 Smit, Thea 28-Jul
 010A Buyting, Harry 31-Jul
 0641 Stevens, Doreen 31-Jul



July Anniversaries

0535 Rice, Harold & Lousia 2-Jul
 0340 Donnelly, William & Ann 3-Jul
 0543 Veilleux, Gilberte & Sylvain, Marcel 14-Jul
 010A Buyting, Harry & Annie 21-Jul
 0939 Davis, Jim & Margaret 23-Jul
 0628 Coughlan, Winston & Kathleen 31-Jul



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Trust in others rises as people grow older

In a cynical world, trust can seem hard to come by. But new research suggests it may grow as we get older. The World Values Survey, collecting data from more than 200,000 people in 83 nations, found that more than a third of people 80 years old or older agreed with that most people can be trusted, although just a quarter of 20-year-olds said the same.

The results were consistent regardless of nationality, gender, education, and income.

A similar study, analyzing data from the General Social Survey of 1,230 U.S. citizens over time, also found that our willingness to trust increases as we grow older.

One possible explanation: As time goes on, most people tend to simplify their lives and spend more time with their families, resulting in a more positive and generous attitude about the world.



That morning cup of coffee may be really good for you

A lot of us depend on a cup of coffee or two to get going in the morning. But coffee may have even more significant health benefits. Here's a quick look at what it may do to improve your life:

- **Melanoma.** A study by the National Institutes of Health and the AARP found that the more coffee people drink during the day, the lower their chances of developing melanoma over a 10-year period. Four cups of coffee a day was associated to a 20 percent drop in melanoma risk.
- **Multiple sclerosis.** An analysis of two studies of people diagnosed with MS (one in the U.S. and one in Sweden) found that consuming at least four cups of coffee a day appears to delay the onset of symptoms. The caffeine, researchers say, seems to have neuroprotective properties that inhibit MS development.
- **Liver cancer.** Drinkers of three or more alcoholic beverages a day may be able to cut their risk of liver cancer by drinking coffee, according to a recent World Cancer Research Fund report. Coffee and coffee extracts appear to have a preventative effect on the expression of genes involved with inflammation—an effect that's most prevalent in the liver.

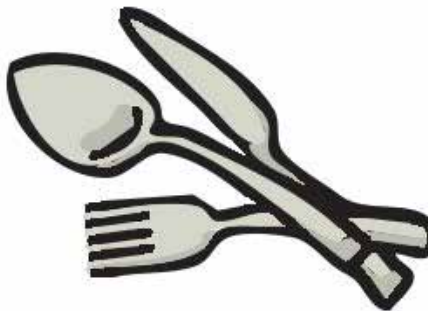




The state of food across the U.S.

Every U.S. state is known for something: slogans, state birds, celebrities, etc. If you're hungry, or planning your vacation menu, consider some of these official state foods found across the country:

- Alaska: Salmon (state fish)
- California: Avocado (state fruit)
- Delaware: Peach pie (state pie)
- Georgia: Grits (state prepared food)
- Illinois: Popcorn (state snack food)
- Louisiana: Sweet potato (state vegetable)
- Maryland: Smith Island Cake—a yellow cake of 8-10 layers with chocolate frosting (state dessert)
- New York: Apple muffin (state muffin)



The creative process—from the artists who know

What do professional artists, writers, and performers think about creativity? From The Guardian come these thoughts on the process from people who depend on their imagination to do their jobs:

- Guy Garvey, musician. “Just start scribbling. The first draft is never your last draft. Nothing you write is by accident.”
- Polly Stenham, playwright. “I’m very fidgety, and I seem to work best when my hands are occupied with something other than what I’m thinking about. During rehearsals, I find myself drawing little pictures or symbols that are somehow connected to the play.”
- Tamara Rojo, ballet dancer. “An idea never comes to me suddenly; it sits inside me for a while, and then emerges.”
- Mark-Anthony Turnage, composer. “If you get overexcited by an idea, take a break and come back to it later. It is all about developing a cold eye with which to look over your own work.”
- Fyfe Dangerfield, musician. “For me, the image of the tortured artist is a myth—you don’t need to be miserable to write songs. In fact, if I am feeling down, the last thing I want to do is write; though it’s important sometimes just to sit down and get on with it, however you’re feeling. Your creativity is like a tap: if you don’t use it, it gets clogged up.”

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| Sunday | Monday | Tuesday |
|--------|--------|---------|
| | | |
| 5 | 6 | |
| 12 | 13 | |
| 19 | 20 | |
| 26 | 27 | |

Crosswinds

| Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | 1 | 2 | 3 | 4 |
| | | | | Independence Day |
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| 28 | 29 | 30 | 31 | AUGUST 2015 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 |

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ACROSS

- 1. Daisylike bloom
- 6. Bygone era
- 10. Doing nothing
- 14. Rental agreement
- 15. Matured
- 16. Mangle
- 17. Collection of maps
- 18. Formally surrender
- 19. Rumble
- 20. Shield
- 22. Initial wager
- 23. Bran source
- 24. Shabby
- 26. In a forward direction
- 30. Sudden burst
- 32. Crystal-lined rock
- 33. A guest cabin
- 37. Space
- 38. Without company
- 39. Hawkeye State
- 40. Gift
- 42. Stares
- 43. Poverty-stricken
- 44. Assault sexually
- 45. Extraterrestrial
- 47. Average
- 48. Blockhead
- 49. Astounded
- 56. Hindu princess
- 57. Razes
- 58. France's longest river
- 59. Chocolate cookie
- 60. Stringed instrument
- 61. Move forward suddenly
- 62. Small slender gull
- 63. Hearing organs
- 64. Eagerness

| | | | | | | | | | | | | | |
|----|----|----|----|---|----|----|----|---|----|----|----|----|----|
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| 56 | | | | | 57 | | | | 58 | | | | |
| 59 | | | | | 60 | | | | 61 | | | | |
| 62 | | | | | 63 | | | | 64 | | | | |

DOWN

- 1. Wings
- 2. Collections
- 3. After-bath powder
- 4. Brother of Jacob
- 5. Repair
- 6. Luxury boat
- 7. Curved molding
- 8. Start over
- 9. Without teeth
- 10. Extraneous
- 11. Intimidate
- 12. Vigorously passionate
- 13. If not
- 21. Knave
- 25. Consumed food
- 26. Monster
- 27. A noble gas
- 28. Comes from trees
- 29. Rebuke
- 30. Obdurate
- 31. Breathe hard
- 33. Sleigh
- 34. Exude
- 35. Is indebted to
- 36. Spar
- 38. Willing to comply
- 41. Tiny
- 42. Big ape
- 44. Adult male
- 45. Cognizant
- 46. A protective covering
- 47. Models
- 48. Gait faster than a walk
- 50. Kind of bean
- 51. Unit of pressure
- 52. Not sweet
- 53. Posterior
- 54. Therefore
- 55. Bambi was one



Happy July 4th!

**July
Crossword**

| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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| L | E | A | S | E | A | G | E | D | M | A | U | L | I | D | L | E | S | T | E | R | I | D | L | E | | | |
| M | A | G | E | D | E | C | H | E | O | N | A | N | T | E | S | C | O | U | N | A | N | T | E | S | | | |
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| G | O | D | E | S | T | A | T | E | R | O | O | M | G | O | D | E | S | T | A | T | E | R | O | O | M | | |
| R | O | O | M | A | L | O | N | E | M | E | N | T | G | A | Z | E | S | R | O | O | M | A | L | O | N | E | |
| R | O | O | M | A | L | O | N | E | M | E | N | T | G | A | Z | E | S | R | O | O | M | A | L | O | N | E | |
| E | N | D | O | W | M | E | N | T | G | A | Z | E | S | R | O | O | M | A | L | O | N | E | M | E | N | T | |
| T | I | T | I | S | H | E | D | P | A | R | A | L | I | E | N | T | E | S | P | A | T | E | S | P | A | T | E |
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Eliminate the obstacles to a good night's rest

A good night's sleep is essential to everyone's health, and yet many people have trouble getting the shut-eye they need. If you're not waking up feeling refreshed and ready to start your day with energy, check out these problems that may be preventing you from sleeping soundly:

- Procrastination. You know you should go to bed, but you let yourself get distracted by household tasks or the TV. Set a firm time limit on your evening and stick to it.
- Caffeine. Avoid coffee and other caffeinated drinks after 3 p.m. The effects can linger for up to seven hours, making sleep difficult by the time you need to go to bed.
- Heat. You may not be sweating, but feeling just a little too warm can keep you from dropping off. Try sticking one foot out from under the covers to balance the temperature.
- Stress. The news, your job, or personal worries can make relaxation and sleep difficult. Practice meditation and other techniques to un-tense your body and your mind.
- Work. If your job starts too early in the morning, you'll have trouble waking up and performing well. Try to negotiate a later arrival time. Emphasize how your productivity will increase if you get the right amount of rest.



Prevent back pain before it strikes

Back pain can make your work difficult no matter what job you do. Lifting heavy items is only one potential source of damage; poor posture and repetitive movements can also cause strain and pain. Keep your back in good shape with these general tips from the Mayo Clinic website:

- Get some exercise. Losing weight and staying in shape will decrease wear and tear on your back muscles. Combine aerobic activity with strength training that stretches and strengthens your stomach and back.
- Practice good posture. Your parents were right when they told you to stand up straight. Make a point of keeping your weight balanced on both feet without slouching. Use a chair with good back support, and make sure it's the right height, allowing you to keep both feet flat on the floor and your knees on the same level as your hips.

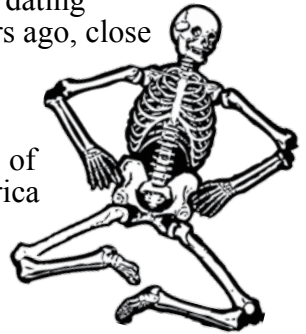




Ancient bones offer clues to evolution

Scientists may have discovered a new human ancestor to go along with “Lucy,” the 3.2 million-year-old *Australopithecus afarensis* female from eastern Africa. Dubbed “Little Foot” because of his small bones, this specimen was unearthed in South Africa in the early 1990s. His skeleton was almost completely preserved after falling down a narrow cave shaft and dying there. Whether Little Foot was a relative of Lucy’s or a different pre-human species has been a subject of debate among anthropologists, but a new dating process suggests that Little Foot lived and died some 3.67 million years ago, close to the same time as Lucy.

Although some scientists dispute the accuracy of the dating technique, if it holds up it suggests an evolutionary link between different species of *Australopithecus* in ancient Africa, as well as evidence of where in Africa modern humans began to develop.



Birds do it, bees do it, and so do amorous mice

From time immemorial, men have wooed their lady loves with romantic (if sometimes off-key) music. Now scientists from Duke University believe that love songs aren’t just for humans. Mice also sing to females they hope to attract, although they aren’t likely using Barry White.



Instead, mice rely on high-pitched sounds outside the range of human hearing, using specific tunes when they smell a potential mate and different ones when they finally set eyes on her. The songs are louder and composed of more complex sounds when they smell a female scent, and get simpler—but longer—when they finally meet face to face. The complex songs seem to attract females, although what specifically draws them close is still uncertain.

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—Pope Paul VI

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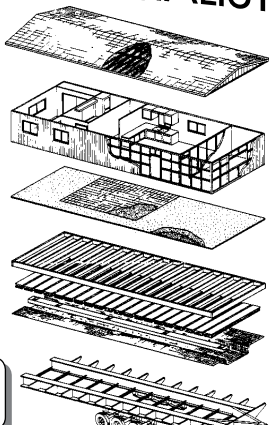
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| | | 1 | | | 5 | | 8 | |
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**Happy 4th
of July!**



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| 4 | 3 | 9 | 1 | 6 | 8 | 2 | 7 | 5 |
| 5 | 8 | 6 | 2 | 9 | 7 | 1 | 3 | 4 |
| 9 | 6 | 3 | 7 | 5 | 4 | 8 | 1 | 2 |
| 2 | 1 | 4 | 3 | 8 | 6 | 9 | 5 | 7 |
| 8 | 5 | 7 | 9 | 2 | 1 | 3 | 4 | 6 |

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Thanks!

-Monthly Media Staff

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Support innovation with continuous learning

The more you learn, the more material you have for your creative efforts. To master lifelong learning, no matter what your ambitions are, consider these points from the Innovation Excellence website:

- **Laughter is good for the brain.** Find the humor in whatever you do. Laughter will help you remember incidents better, and also generate a sense of security which supports a well-balanced mind.
- **Learn in chunks.** Instead of trying to memorize information in big blocks, concentrate on learning a few individual points at a time. You'll retain more without the mental exhaustion of cramming.
- **Study a foreign language.** Bilingual speakers tend to process information more efficiently than those who speak only one language. People who exercise their brains by learning Spanish, Japanese, or some other tongue frequently find they don't have to work as hard performing other cognitive tasks.



Keep your mouth shut

A turtle was lying on the bank of a river one day when he heard two hunters walk by, talking about how they planned to come back the next day to catch some turtles for soup. He worried all night, because he knew he couldn't outrun the hunters, and in the morning he had a plan.

He saw two birds in the tree overhead. As the hunters approach, the turtle called out, "You up there! Would you help me escape these hunters?"

"What do you want us to do?" the first bird asked.

"I'll hold this stick in my mouth," the turtle said, "and you two pick me up and fly me to the other side of the river."

The birds agreed and flew down to the ground. The turtle clamped a thick stick between its jaws, and the birds slowly lifted him up off the ground.

As the hunters reached the riverbank, they stared in amazement. "Look at those birds! They figured out how to carry a turtle across the river! Those must be the smartest animals in the world!"

Jealous, the turtle cried out: "It was my ideaaaaa ..."



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Committee Contacts

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|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Billiards..... | Bruce Welch, #414..... | 545-5208 |
| Bingo..... | Maggie Deguire, #941 | (727) 289-8775 |
| | Judy Reid, #632 | (727) 954-6123 |
| Bocce..... | Lou Sage, #7A | (727) 374-6252 |
| Bridge..... | Betty Eicher, #624 | 513-574-1312 |
| Choir | Pauline Yorton, #848 | 546-1071 |
| Church..... | Pauline Yorton, #848 | 546-1071 |
| Coffee Hour..... | (The birdgroups are responsible for organizing the coffee hour for the month that is assigned to their group. See Birdgroups) | |
| Crafts..... | Nancy Hope, #303 | (727) 546-4746 |
| Cribbage..... | Jim Hope, #303 | (727) 394-4992 |
| Darts..... | Maggie Deguire/George Methe, #941 | 289-8775 |
| Euchre | Jim Hope..... | 394-4992 |
| Exercise Classes..... | Judy Clark #821 | 546-4521 |
| Golf (Ladies)..... | Maggie Deguire, #941 | 289-8775 |
| Golf (Men)..... | Gordon McFarlane, #328..... | 258-7666 |
| Karaoke..... | Maggie Deguire, #941 | (727) 289-8775 |
| Low Impact Workout .. | Colette Blais, #621 | 546-5516 |
| Line Dancing..... | Glenys Forrester, #447..... | 541-6126 |
| Open Mic | George O'Donnell, #636 | 546-4930 |
| Poker | Jack Leroux, #332..... | (727) 548-1350 |
| Shuffleboard..... | Andy Beaudet, #838 | 289-8430 |
| Walk Away Lbs. | Agi Wacker, #721 | 498-0432 |
| | Rachel Brabant, #743 | 350-3970 |
| Weigh-In..... | Dina Samson, #616..... | (727) 920-9053 |
| Welcoming Comm. | MaryBeth Leduc, #412 | 827-7114 |
| | Donna Tilford, #734 | 545-1593 |
| | Colette Blais, #621 | (727) 546-5516 |
| | Mary Charbonneau, #139 | (727)-768-0309 |
| | Pamela Fairclough, #644 | 544-8751 |
| Yoga Beginners..... | Susan McKay, #6..... | 258-4512 |



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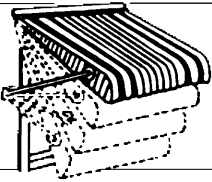
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